

Memorandum

Date : March 15, 2010

To : Associate Directors, Division of Adult Institutions
Wardens
Community Correctional Facilities Superintendents

Subject: **CLARIFICATION TO ALLOWABLE NUTRITIONAL SUPPLEMENTS-REVISED**

This memorandum supersedes the May 8, 2009, memorandum titled *Clarification to Allowable Nutritional Supplements*.

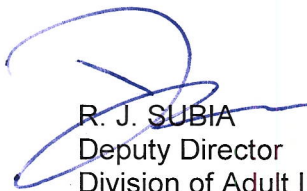
The Division of Adult Institutions (DAI) provides a nutritionally balanced, heart healthy menu to inmate's which makes nutritional deficiencies unlikely. DAI also permits inmates to obtain nutritional supplements such as vitamins, minerals, and protein supplements from the Inmate Canteens and approved Inmate Package Vendors.

As a result of the recent California Prison Health Care Services (CPHCS) decision to stop offering certain over-the-counter (OTC) items through their pharmacies (see Attachment A), DAI will now permit Inmate Canteens and Inmate Package Vendors to sell specific Herbal/Botanical Supplements and several OTC medications (see Attachment B). OTC medications not listed on Attachment B are not approved for inmate packages. The Non-Formulary Medication listed on Attachment B, will continue to be provided by CPHCS as clinically appropriate. Also, attached is a definitive list of allowable herbal/botanical extracts, biological extracts, vitamins, minerals, and protein supplements (Attachment C).

Additionally, all inmates are advised to inform their health care provider of any nutritional supplements they are taking, or are planning to take.

The next revision to the Department Operations Manual, Chapter 5, Article 43, Inmate Property, will be updated to include this change.

If you have any questions or concerns, please contact Correctional Lieutenant Anthony Carter, Standardized Procedures Unit, at (916) 327-5305.



R. J. SUBIA
Deputy Director
Division of Adult Institutions

Attachments

cc: George J. Giurbino, Director, Division of Adult Institutions
Anthony Freese, Facility Captain, Standardized Procedures Unit
Anthony Carter, Correctional Lieutenant, Standardized Procedures Unit