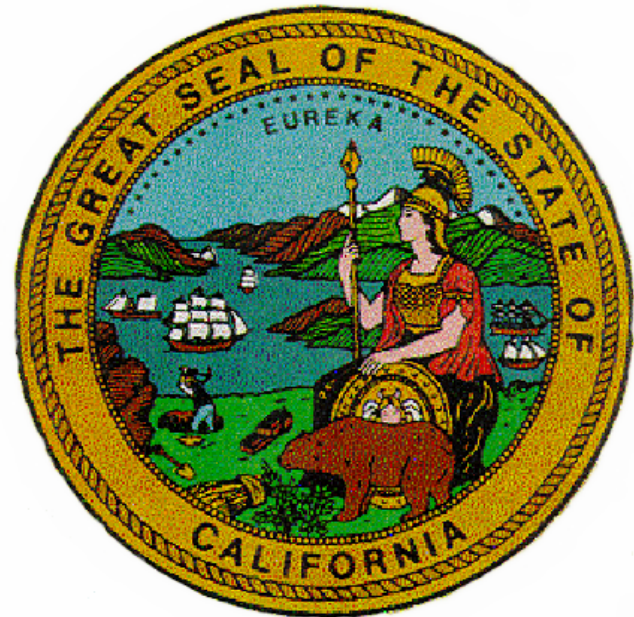


Sacramento Parolee Orientation Handbook



**The Police and Corrections Team in Cooperation
with Community Based Providers Working To
Better Our Community Through Successful
Parolee Re-Integration**

AGENCY NAME

PROVIDER SIGNATURE

YOU MUST CHECK OUT WITH LAW ENFORCEMENT AND THE PAROLE AGENTS PRIOR TO LEAVING ORIENTATION TO RECEIVE CREDIT FOR YOUR ATTENDANCE AT THIS MEETING. THANK YOU.

OFFICER SIGNATURE

PAROLE AGENT SIGNATURE

Regional Administrator

Sharon Jackson

Deputy Regional Administrators

Richard Burrows

Ed Elmer

Assistant Regional Administrator/Employee Relations Officer

Capril Anderson

Metro District Administrator

Thomas Moore

Delta District Administrator

Lynn Ringuette

Metro Parole Units 1-4

**1103 North B Street Suite E
Sacramento, CA 95814
916-324-4141**



**North and Natomas Parole Units
5410 Auburn Blvd. Suite100
Sacramento, CA 95841
916-574-2414**

Delta District Parole Offices

**South and Florin Parole Units
8000 Elder Creek Road
Sacramento, CA 95824
916-229-0828**

Miscellaneous Services

Department of Child Support Services	3701 Power Inn Rd. Sacramento, CA 95826	916-875-7400
Department of Motor Vehicles	4700 Broadway Sacramento, CA 95820	916-657-7669
Francis House	1422 C Street Sacramento, CA 95814	916-443-2646
Prison Industry Authority (PIA)	560 East Natomas St. Folsom, CA 95630	916-358-2190
Volunteers In Parole	1103 North B Street Ste. E. Sacramento, CA 95814	916-324-4141 Ext. 259
Sacramento Police Department		916-277-6000
Sacramento Sheriffs Department		916-875-2665
South Sacramento California Highway Patrol		916-681-2300



Domestic Violence, Anger Management, Batterers Program

Affordable Counseling	11269 Point East Drive Rancho Cordova, CA 95670	916-630-9188
California Wrap Around	648 Northfield Drive Sacramento, CA 95833	916-564-0400
Changing Courses	3355 Myrtle Ave. #265 North Highlands, CA 95660	916-332-5056
Community Connections (anger management only)	1831 I Street Sacramento, CA 95814	916-552-5980
Cross Creek Counseling	8421 Auburn Blvd. Bldg. 3 Citrus Heights, CA 95610	916-722-6100
Evergreen Counseling	2961 Fulton Ave. #2963 Sacramento, CA 95821	916-487-0657
P.E.A.C.E. for Families	120 Main St. Roseville, CA 95678	916-773-0432
S.B.A.C.	3307 Broadway Ste. #2 Sacramento, CA 95817	916-454-4243
Warm Winds	438 J Street #352 Sacramento, CA 95814	916-415-1711
W.E.A.V.E. (D.V. Victims Only)	P.O. Box 161389 Sacramento, CA 95816 Crisis	916-448-2321 916-920-2952

Your return home from State prison will give you a lot more freedom. How well you do on parole will be your responsibility. You have choices to make about how you live your life. It is very important for you to find a good, steady job and a stable residence. If you have drug problems, want counseling, or need to see a doctor for a health problem, ask your parole agent to help you find these services in the community. There are many agencies in the community that will help you find a job, housing, food, and other services. In many ways, your willingness to find assistance in the community will help you be successful on parole.

A Good Attitude Is A Key To Success

Attitude is important. You control your attitude. A good attitude can help you while in State Prison and on Parole.

Attitude controls how you see people and how people see you. People respond to you based on your attitude. A good attitude can make good things happen.

A good attitude can help you in obtaining employment. A good attitude can help you in your relationships with friends and loved ones. A good attitude will help you feel better about yourself.

You must obey all federal, state, county and city laws. You must immediately notify your parole agent if you are arrested, cited, or released on own recognizance for any crime. If you break the law, your parole can be violated even if you are not charged with a crime or convicted in court.

You are not to be around firearms, items that look like real firearms, bullets, or any weapons. You may not possess a knife exceeding two inches in length. Kitchen knives must be kept in your kitchen and not hidden, for example, in your bedroom. Knives used for work are also permitted but can only be in your possession while you are at work or enroute to and from the job. **If you live or work where firearms, simulated firearms, bullets, weapons, crossbows, or unauthorized knives are kept, you may be returned to custody for up to one year with no good or work time credits. You shall not own, use, or have access to a weapon listed Penal Code Section 12020.**

Some weapons listed under Penal Code Section 12020 are:

- Cane gun or wallet gun
- Any simulated firearm that a reasonable person would believe to be a firearm.
- Ammunition containing explosives or a flechette dart.

- Blackjack, slingshot, billy, nunchaku, or sandclub, sandbag, sawed off shotgun, metal knuckles.
- Explosives of any kind.

Examples of knives related to employment would be:

- Carpet knife for a carpet layer.
- Knives used for /in agriculture field work.
- With your parole agent’s written approval, knives used in employment may be carried only while being used at work or to and from the job. It is illegal to carry them at any other time. For more information, ask your parole agent to discuss Penal Code Section 12020 with you.

You must sign the conditions of parole. Failure to do so can result in the revocation of your parole.

Getting An Education

If you did not obtain your high school diploma, you may have a tough time finding a good job with good pay. If you want a good job, you can still finish your education by obtaining a General Education Development (GED) diploma through your neighborhood Adult Educational Program. These programs are free of charge and are offered at a school near your home.

If you want to get your high school diploma, you can do that by going back to school. You may also get your diploma by passing a High School Proficiency Test.

If you dropped out of school, you can find a variety of educational programs to help you. You can find out about these programs by contacting your local school district or community college.

Improving Your Reading Skills

If you want to improve your reading skills, you can obtain help at your neighborhood public library. Thousands of parolees have increased their reading ability through the help of local schools and libraries. Many parole offices have Computer Assisted Learning Centers available. Ask your parole agent for more information on these centers.



HIV & AIDS Testing and Other Services

Breaking Barriers	2020 V Street Sacramento, CA 95818	916-447-2437
Freedom Homes, Inc.	5960 S. Land Park Box 302 Sacramento, CA 95822	916-428-1441
Harm Reduction Services	3647 40 th Street Sacramento, CA 95817	916-456-4849
Sacramento Aids Foundation	1330 21 st Street Ste. 100 Sacramento, CA 95814	916-448-2437
Sacramento County HIV/AIDS Education Project	370 Branch Center Rd. Sacramento, CA 95827	916-366-2687
Sierra Foothills Aids Foundation	419 Main St. Ste #332 Placerville, CA 95667	530-344-9236



Dental Services

County Dental Clinic	1500 C Street Ste. A Sacramento, CA 95814	916-874-8300
C Street Dental	2131 Capitol Ave Sacramento, CA 95814	916-441-3311
Dentical (Benefits)	P.O. Box 15539 Sacramento, CA 95853-1539	800-322-6384
Health Care for the Homeless	3701 Branch Center Rd. Sacramento, CA 95827	916-875-5701
Sacramento Urban Indian Health Project, Inc.	2020 J Street Sacramento, CA 95814	916-441-0960

Vocational Training

You may be able to get vocational skills training and money to live on while you go to training. By becoming a student at a local community college, you can learn a trade and get job with a good salary. Community colleges can train you and give you a certificate of training in auto mechanics, computers, carpentry, plumbing, and other fields. You may not need a high school diploma to begin this training.

Ask your parole agent for help in finding out about vocational training available in your area.

Restraining Orders

These are orders from the court telling a person to stay away from another person. If the person violates the order, you can have him/her arrested.

Police Assistance

- If you are physically harmed, **call the police**. You can have the attacker arrested.
- If your restraining order is violated, **call the police**. You can have the person arrested.

Three Strikes, You're Out Notification

Governor Wilson signed California's "Three Strikes" measure into law on March 7, 1994. The "Three Strikes" law applies to anyone who has one or more prior serious or violent felony convictions. These convictions are called "strikes."

There are mandatory sentences in "Three Strikes" cases.

- Mandatory Doubled Sentence. If you have one prior “strike” your prison term for the new felony conviction will be doubled.
- Mandatory Life Sentence. If you have two or more prior “strikes”, your term for the new felony conviction will be a minimum of 25 years to life in prison.
- Mandatory State Prison. The judge will sentence you to State prison. No probation, no county jail, no California youth Authority, and no California Rehabilitation Center (CRC).
- Mandatory Consecutive Sentences. All of your new convictions must be sentenced consecutively. No concurrent sentences.
- Maximum 20 Percent Conduct Credits. You must serve at least 80 percent of your new sentence before you may be paroled.

What crimes are “strikes”?

- A list of the serious and violent crimes is found in Penal Code (PC) Sections 667.5 (c) and 1192.7 (c).

Does your new felony conviction have to be serious or violent for you to be punished under “Three Strikes”?

- No, any new felony conviction will require a “Three Strikes” sentence to a minimum of 25 years to life in State prison for a new felony conviction like the following: (1) Possession of a weapon by an inmate (PC Section 4502); (2) Escape or attempted escape from prison (PC section 4530); or (3) Possession of drugs or paraphernalia while in prison or jail (PC Section 4573.8).

Does a prior serious or violent conviction which occurred before March 7, 1994 count as a “strikes”?

- Yes, prior serious or violent convictions occurring before March 7, 1994 are counted as “strikes.” If you were convicted of a serious or violent felony before “Three Strikes” became law on March 7, 1994, that conviction will make the “Three Strikes” law apply to you if you commit any new felony.

Three Strikes Continued

How long do prior convictions count as “strikes”?

- Forever. There is no washout period under “Three Strikes.”

Is a prior serious or violent felony conviction counted as a “strike” even if it occurred in another state or in the federal courts?

- Yes. Out of state and federal convictions for serious or violent felonies are counted as “strikes.”



Medical Services

Capital Health Center	1500 C Street Sacramento, CA 95814	916-874-5302
Del Paso Health Center	3950 Research Dr. Sacramento, CA 95838	916-648-0970
Health Care for the Homeless	3701 Branch Center Rd. Sacramento, CA 95827	916-875-5701
Northeast Health Center	7805 Auburn Blvd. Citrus Heights, CA 95610	916-969-2724
Oak Park Multi Neighborhood Center	3415 Martin Luther King Jr. Sacramento, CA 95817	916-875-2995
Planned Parenthood	1507 21 st Street Sacramento, CA 95816	916-446-5037
Primary Care Center	2921 Stockton Blvd. Sacramento, CA 95820	916-874-9670
South City Health Center	7171 Bowling Dr. #300 Sacramento, CA 95823	916-875-0802

FOR ELIGIBILITY FOR BENEFITS:

Primary Care Center	916-874-9238
Del Paso Health Clinic	916-648-0973
Capital Health Center	916-874-7604

PHARMACY - 4611 Broadway **REFILLS** - 916-874-9281



Mental Health Treatment and Crisis Services

Health Care for the Homeless	3701 Branch Center Rd. Sacramento, CA 95827	916-875-5701
Parolee Outpatient Clinic (POC) (North/Natomas)	5410 Auburn Blvd. Ste. 100 Sacramento, CA 95841	916-574-2414
Parolee Outpatient Clinic (POC) (Metro 1-4)	1103 North B. St. Ste. E Sacramento, CA 95814	916-324-4141
Parolee Outpatient Clinic (POC) (South/Florin)	8000 Elder Creek Sacramento, CA 95824	916-229-0828
Resources for Independent Living	1211 H Street Sacramento, CA 95814	916-446-3074
Sacramento Adult Mental Health Services CRISIS UNIT	2150 Stockton Blvd. Sacramento, CA 95817	916-875-1055 916-732-3637
TLCS	1400 North A Street Sacramento, CA 95814	916-440-1500

Is a prior serious or violent felony conviction a “strike” even if you didn’t go to prison for that conviction?

- Yes. Your prior conviction of a serious or violent felony will count as a “strike” no matter what sentence you received for the prior conviction.

Do juvenile adjudications count as “strikes”?

- Yes. A juvenile adjudication of a serious or violent felony may count as a “strike” under “Three Strikes”.

Finding Counseling

Parole Outpatient Clinics (POC) are administered by the Deputy Director, Parole and Community Services Division. There is a POC program operating within each parole region reporting administratively to the Regional Parole Administrator and functionally to the Mental Health Program Administrator in Parole Headquarters. POC consists of staff psychologist(s) or psychiatrist(s) who provide group or individual counseling. Discuss POC with your parole agent.

Depending upon your criminal history, you may be required to attend POC. You may be referred to parenting classes or domestic violence classes if your parole agent requires it.

All convicted sex offenders shall be referred to POC for evaluation (and treatment if deemed appropriate).

County Health Departments have offices of mental health. Counseling is available through mental health on a crisis basis, self referral, or a referral from your parole agent.

Narcotics and Alcoholics Anonymous (NA/AA) groups meet daily (day and evening). These groups offer help and support for those in need. They will help you stay sober. Check the telephone book for listings or ask your parole agent.

Al-Anon and Nar-Anon are organizations for families of alcohol and narcotic abusers. It is recommended that families of alcoholics or narcotic abusers be involved in these support groups. Contact Al-Anon, Nar-Anon or your parole agent for further information.

In some areas there are inpatient (live-in) substance abuse programs that will provide help to you. If you know or think you have a problem, get in a program.

The parole office has additional information on substance abuse programs. Ask your parole agent about programs in your neighborhood.

The following pages are lists of local service providers in Sacramento County. It is the Police and Corrections Team (PACT) goal to provide you with any information and services to assist you in your transition back into the community. It is also through utilizing the services provided in this handbook that will assist you in completing your parole requirements and regaining your freedom.

River City Recovery Center, Inc.	500 22 nd Street Sacramento, CA 95816	209-748-2470 916-442-3979
Sacramento Recovery House, Inc.	1914 22 nd Street Sacramento, CA 95816	916-455-6258

Drug and Alcohol Services Continued

The Salvation Army Adult Rehabilitation Center	1615 D Street Sacramento, CA 95814	916-441-5267
STARS Program	8000 Elder Creek Sacramento, CA 95824	916-229-0828
STARS Program	5410 Auburn Blvd. #120 Sacramento, CA 95841	916-979-0956
STARS Program	1103 North B St. Ste. E Sacramento, CA 95841	916-324-4141
Union Gospel Mission	400 Bannon Street Sacramento, CA 95814	916-447-3268
Victory Outreach Men's Christian Recovery Home	3920 43 rd Avenue Sacramento, CA 95822	916-428-5979
Volunteers of America	1900 Point West Ste. 270 Sacramento, CA 95815	916-929-1951
Westcare	1828 Tribute Rd. Suite H Sacramento, CA 95815	916-564-4400
Women's Overcomers	671 Plaza Avenue Apt. A Sacramento, CA 95815	916-924-3113



Housing

(* Emergency, Transitional, and Permanent Housing

Bridges	1422 28 th St. Suite A Sacramento, CA 95816	916-450-0700
Bishop Francis A. Quinn (Quinn Cottages)	1500 N. A Street Sacramento, CA 95814	916-492-9065

The Effort	1820 J Street Sacramento, CA 95814	916-920-3588	California Freedom Homes	2827 Rio Linda Blvd. Sacramento, CA 95838	916-921-1544
------------	---------------------------------------	--------------	--------------------------	----------------------------------------------	--------------

The Gateway Foundation	4049 Miller Way Sacramento, CA 95817	916-451-9312	Christian Partnerships, Inc.	8245 Conover Dr. Citrus Heights, CA 95610	916-424-4470
------------------------	-----------------------------------------	--------------	------------------------------	----------------------------------------------	--------------

Drug and Alcohol Services Continued

The Gifted Healing Center	650 Amherst St. Ste. 3 Sacramento, CA 95832	916-665-1500
---------------------------	------------------------------------------------	--------------

Harm Reduction Services	3647 40 th Street Sacramento, CA 95817	916-456-4849
-------------------------	------------------------------------------------------	--------------

John H. Jones Community	950 Sacramento Ave. West Sacramento, CA	916-371-1966
-------------------------	--------------------------------------------	--------------

Men's Overcomers Home	2733 Branch Street Sacramento, CA 95815	916-920-3082
-----------------------	--------------------------------------------	--------------

Mexican American Alcoholism Program (MAAP)	4241 Florin Rd. Ste. 110 Sacramento, CA 95823	916-394-2320
--------------------------------------------	--------------------------------------------------	--------------

Mi Casa Recover Home	2515 48 th Avenue Sacramento, CA 95822	916-394-2328
----------------------	------------------------------------------------------	--------------

Narcotics Anonymous (NA)	-----	1-800-600-HOPE (4673)
--------------------------	-------	--------------------------

National Council on Alcoholism And Drug Dependence	650 Howe Ave. Suite 1055 Sacramento, CA 95825-1220	916-922-9217
----------------------------------------------------	-------------------------------------------------------	--------------

Oak House	7970 Oak Avenue Citrus Heights, CA 95610	916-721-9699
-----------	---------------------------------------------	--------------

Options for Recovery	4875 Broadway Rm. 129 Sacramento, CA 95820	916-874-9890
----------------------	-----------------------------------------------	--------------

People Reaching Out	5433 El Camino Ave. Ste 700 Carmichael, CA 95608	916-576-3300
---------------------	-----------------------------------------------------	--------------

The Elephant House	1114 South Avenue Sacramento, CA 95838	916-646-1800
--------------------	-------------------------------------------	--------------

Francis House	1422 C Street Sacramento, CA 95814	916-443-2646
---------------	---------------------------------------	--------------

Freedom Homes, Inc.	5960 S. Land Park Box 302 Sacramento, CA 95822	916-428-1441
---------------------	---------------------------------------------------	--------------

The Gates Recovery Foundation	4320 Stockton Blvd. Sacramento, CA 95820	916-451-7439
-------------------------------	---------------------------------------------	--------------

The Gifted Healing Center	650 Amherst St. Ste. 3 Sacramento, CA 95832	916-665-1500
---------------------------	------------------------------------------------	--------------

Greater Love	8022 Blackhawk Dr. Sacramento, CA 95828	916-392-6801
--------------	--------------------------------------------	--------------

Housing

(*) Emergency, Transitional, and Permanent Housing

Hill Haven (Women & Children)	1691 Nogales Sacramento, CA	916-308-3469
----------------------------------	--------------------------------	--------------

Hill Haven (Men)	2563 Grove Sacramento, CA	916-308-3469
---------------------	------------------------------	--------------

Harvest House	7022 Astron Parkway Sacramento, CA 95823	916-392-6801
---------------	---------------------------------------------	--------------

Jlo SLE	9093 Trujillo Way Sacramento, CA 95826	916-364-1676
---------	-------------------------------------------	--------------

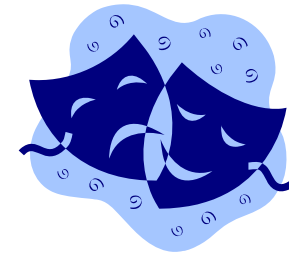
Mather Community Campus	10626 Schirra Way Mather, CA 95655	916-228-3107
-------------------------	---------------------------------------	--------------

New Start Clean & Sober	1321 North C Street Sacramento, CA 95814	916-498-0331
Oak House	7970 Oak Avenue Citrus Heights, CA 95610	916-721-9699
Our House of Ruth	_____	916-248-0127 916-233-9226
R & R Transitional	4041 Cornelia Way North Highlands, CA 95660	916-698-3883
River City Recovery Center, Inc.	500 22 nd Street Sacramento, CA 95816	209-748-2470 916-442-3979
The House of ROAR	816 H Street Ste. 207 Sacramento, CA 95814	916-386-4286
*Sacramento Emergency Housing	4516 Parker Ave. Sacramento, CA 95820	916-455-2160

Housing

(*) Emergency, Transitional, and Permanent Housing

*Sacramento Food Bank (Homeless Haven)	3333 3 rd Ave. Sacramento, CA 95817	916-456-1980
Sacramento Self Help Housing	1422 C Street Sacramento, CA 95841	916-448-1074
Sacramento Self Help Housing	913 24 th Street Sacramento, CA 95841	916-448-1074
*Salvation Army	1200 North B St. Sacramento, CA 95814	916-452-9388
Saybrook Apartments	4390 47 th Ave. Sacramento, CA 95824	916-395-1278
*St. Johns Shelter	4410 Power Inn Rd Sacramento, CA 95826	916-453-1482



Drug and Alcohol Services

Alcoholics Anonymous (AA) Central California Fellowship	7500 14 th Ave. #27 Sacramento, CA 95820	916-454-1100
Alpha Oaks Recover Program For Women	8400 Fair Oaks Blvd. Carmichael, CA 95608	916-944-3920
Bridges	1422 28 th Street Suite A. Sacramento, CA 95816	916-450-0700
Center Point, Inc.	11228 Fair Oaks Blvd. Fair Oaks, CA 95628	916-962-2800
Chemical Dependency Center For Women and Men	1507 21 st Street Suite 100 Sacramento, CA 95814-5297	916-448-2951
Chemical Dependency Center Options for Recovery	7000 Franklin Blvd. Ste.110 Sacramento, CA 95824	916-732-9890
Department of Veteran Affairs	10535 Hospital Way Mather, CA 95655	916-275-3916
The Effort (Detox)	1550 Juliesse Ave. Sacramento, CA 95815	916-921-6598

Sacramento County Department Of Human Assistance	1590 North A. Street Sacramento, CA 95814	916-874-4301
Sacramento Job Corps	3100 Meadowview Rd. Sacramento, CA 95832	916-394-0770
Sacramento Occupational Advancement Resources	5450 Power Inn Rd. Ste. B Sacramento, CA 95820	916-386-2706

**Employment, Vocational Training, and Education
Continued**

Sacramento Veterans Resource	7270 East Southgate Dr. Sacramento, CA 95823	916-393-8387
Sacramento Works One Stop Career Center	10638 Schirra Ave. Mather, CA 95655	916-228-3132
SETA	1215 Del Paso Blvd. Sacramento, CA 95815	916-263-3700
Skills Center	5451 Lemon Hill Ave. Sacramento, CA 95823	916-433-2630
Staffing Network	10157 Folsom Blvd. Rancho Cordova, CA 95670	916-344-6289
S&V Staffing	1545 River Park Dr. Ste. 405 Sacramento, CA 95814	916-923-9898

TLCS	1400 North A Street Sacramento, CA 95841	916-440-1500
Turn It Around House 1	67 Tilman Circle Sacramento, CA 95823	916-429-0410
Turn It Around House 2	1209 Alamos Avenue Sacramento, CA 95815	916-649-2543
Turn It Around House 3	1320 Bell Avenue Sacramento, CA 95838	916-564-8097
*Union Gospel Mission	400 Bannon Street Sacramento, CA 95841	916-447-3268
Volunteers of America (VOA)	470 Bannon Street Sacramento, CA 95814	916-442-3691
Warm Winds	438 J Street #352	916-415-1711



Food Banks and Free Meals

Carmichael Presbyterian Church Food Closet	5645 Marconi Ave. Sacramento, CA 95608	916-486-9081
Central Downtown Food Closet	1212 17 th St. Sacramento, CA 95814	916-441-4002
Del Paso Food Locker	411 Hayes Ave. Sacramento, CA 95838	916-452-3663
Episcopal Community Services Program & Food Closet	1322 27 th St. Sacramento, CA 95816	916-446-2627
Loaves and Fishes Dining Room	1321 North C Street Sacramento, CA 95814	916-443-9513

Meadowview Food Locker	7724 24 th St. Sacramento, CA 95823	916-396-4909	Employment Development Dept. (North/Natomas)	5410 Auburn Blvd. Ste 100 Sacramento, CA 95841	916-574-2414 Ext. 227
Oak Park Food Locker	3333 3 rd Ave. Sacramento, CA 95817	916-456-1980	Employment Development Dept. (Metro1-4)	1103 N. B Street Suite E Sacramento, CA 95814	916-324-4141 Ext. 305
Salvation Army	1120 North B Street Sacramento, CA 95814	916-442-0331	Employment Development Dept. (Veterans)	2901 50 th Street Sacramento, CA 95817	916-227-0373
			Employment Services OJT-----		916-874-4349
			Foodlink	5800 Foodlink Street Sacramento, CA 95823	916-387-9000 Ext. 116



Employment, Vocational Training, and Education Continued

Employment, Vocational Training, and Education

Apprenticeship Training	9719 Lincoln Village Dr. Sacramento, CA 95827	916-453-0112	Goodwill Industries	6648 Franklin Blvd. Sacramento, CA 95823	916-395-9000
Asian Resource Center	2251 Florin Road Ste. E Sacramento, CA 95822	916-424-8960	Greater Sacramento Urban League	3725 Marysville Blvd Sacramento, CA 95838	916-286-8600
Carpenter Apprenticeship	2840 El Centro Road #112916-565-4851 Sacramento, CA 95833		Industrial Services Company	9845 Horn Rd. #180 Sacramento, CA 95827	916-364-4980
Community Connections	1831 I Street Sacramento, CA 95814	916-552-5980	Labor Ready	8484 Florin Road #80 Sacramento, CA 95823	916-388-2190
Cosumnes River College	8401 Center Parkway Sacramento, CA 95823	916-691-7511	La Familia Counseling Center	5523 34 th Street Sacramento, CA 95818	916-452-3601
Crossroads Employment Services	3823 V St. Suite 1 Sacramento, CA 95818	916-324-6202	The Learning Center	1103 North B. Street Ste. E Sacramento, CA 95814	916-324-4141 Ext. 264
			Prime Labor	7900 Florin Road Suite A. Sacramento, CA 95828	916-395-0510
			PrimeStaff of America	3415 American River Dr. B Sacramento, CA 95864	916-925-7823
			Sacramento City College	3835 Freeport Blvd. Sacramento, CA 95822	916-558-2299