



A BRIGHTER DAY SELF IMPROVEMENT AND DEVELOPMENT CENTER

**STAY FOR
FREE**

**PSAP-(S.A.S.C.A)
ICDTP 1&2-(S.A.S.C.A)
APPROVED PARTICIPANTS**



**STAY FOR
FREE**

**CALIFORNIA ("NEW START") PROGRAM
PRISON TO EMPLOYMENT**

**We can assist with Housing, Education, Transportation, Health Care,
12-Step Programs, Anger Management, Outpatient Services**

“SOBER LIVING PROGRAM AND TRANSITIONAL HOUSING”

At **A Brighter Day** we focus on building human potential. **A Brighter Day** came to birth from humble beginnings. Its origin is rooted in grassroots community services. Over the past 15 years we have devoted our time, energy, and resources to the restoration of the human spirit. When people are empowered they can do great things and communities can be made whole again. When you're a part of a movement there's a great deal of commitment and sacrifice that goes along with it. Our mission was then, the same as it is now, to serve as a catalyst for positive social change.

We have a **6-Bed facility with clean and specious rooms in S. Sacramento**. Our clients will have access to **full size Washer and Dryer 24hr a day**, so to keep their cloth and dress attire always neat and clean. At our facility you will have access to a number of amenities such as; a computer lab for **GED Certificate, online testing, job search, and computer training**. For recreation we have a **Pool Table** located with-in our facility to be used by our clients in conjunction with our staff. We also have a **Video Game Center (Playstation, Xbox, or Nintendo, etc.)**. When the weather permits our facility has a **BBQ Pit** at our disposal, so cookouts in the summer will be a very nice touch for our clients to enjoy (Big Fun). For our client's pleasure, our community room has a **Big Screen T.V, VCR, and DVD player** located in it. There will be **Movie Nights** and other actives to participate in if they like. And to relax after a long day, our facility will have the smooth sound of jazz gently playing in the background.

So when it seems like the world is on your shoulders and no one cares about you. Depression, anguish, and fear have turned a beautiful days into a sleepless nights. We want you to know that just over the horizon, there's is **A BRIGHTER DAY**. We look forward to you coming and basking in the sun with us, Thanks you.

**We are now taking New Applicants for our beautiful facility.
So please contact us at 916.502.5252 and ask to speak with KEN.
(or) E-mail us at- A-BRIGHTERDAY@HOTMAIL.COM**

A BRIGHTER DAY

SELF IMPROVEMENT AND DEVELOPMENT CENTER



OUR COMPANY CREED IS SELF PRESERVATION:

The ability to make your own choices or decisions independently for the betterment of yourself, your Family, and your Community. Leading to a healthier life mentally, physically, spiritually, morally, and economically.

I've seen neighborhood destroyed because of Drugs-(Cocaine, Heroin, Angel Dust, Pills Uppers/Downers, Oxycodone or commonly none as OxyContin, LSD, PCP (phencyclidine) is classified as a hallucinogen, Barbiturates, Meth, etc.)



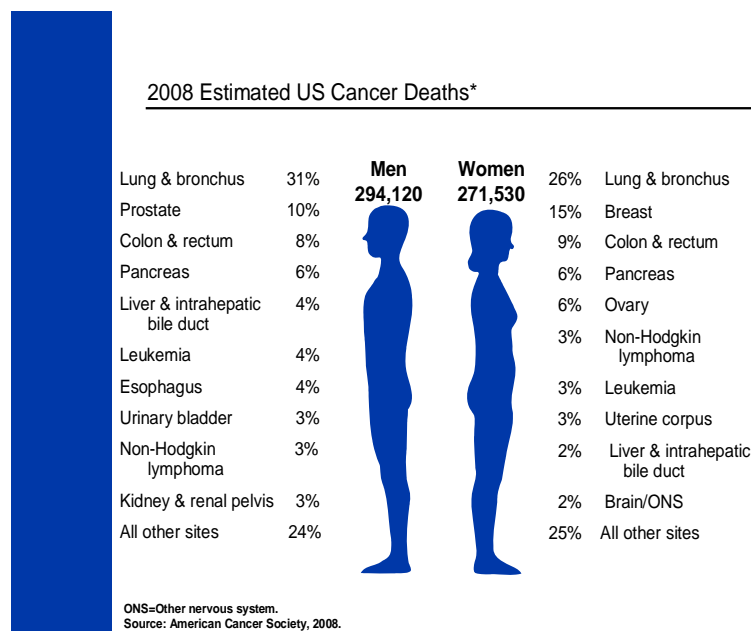
I've seen neighborhood dilapidated because of the exploitation of Alcohol, (Vodka-bottled at not less than 80 or more than 110 proof, Gin-in the USA its bottled at proofs varying from 80 to 94, Beer-about 3.6 per cent alcohol to about 6 per cent alcohol, even though its alcoholic content is far less than other adult liquors it is consumed 2 to 3 times as much, Rum-bottled at no less then 80 proof, Whiskey-bottled at no less than 80 proof, Brandy- are usually bottled at either 80 or 84 proof, Classic Wines- produced principally from the fermented juice of grapes. The alcoholic content of wine ranges from less than 14 per cent to 21 per cent). At such high alcoholic levels it is easy to see how dangerous this type of beverage can be to an individual, family, or whole community.



We strive to break the dependency and social acceptance of such narcotics as Cannabis sativa-(often called marijuana, pot, hemp, grass, reefer, weed, hashish, herb, indo, hydro bud, etc.) The major active chemical in marijuana is delta-9-tetrahydrocannabinol (THC), which causes the mind-altering effects of intoxication. They remain under Schedule I of the Controlled Substances Act (CSA).



We are in support of the American Cancer Society findings that Tobacco and or Cigarettes are a leading cause of heart and lung disease. Tobacco is responsible for many of the serious cardiovascular and pulmonary diseases. Nicotine and tobacco are some of the most potent carcinogens and are accountable for the majority of all cancers of the lung, larynx, trachea, esophagus and bronchus. Smoking tobacco is known to produce cancer in the pancreas, kidney, bladder, and the cervix. Because tobacco reduces blood flow, nicotine addiction has been proven to cause impotency, and prolonged use of Cigarettes can attribute to low birth weight in new born children. A Brighter Day is a non smoking facility. We advocate and promote a healthy life style.



Creating a safe and positive environment is critical to the long term care of our clients. We teach our clients new methods to cope with life's sometimes complicated issues through education, counseling, enhancing self-awareness, and building self-esteem. Whatever your gifts, talent, skill, or abilities are, we want to inspire you to develop these endowments so they can grow and reach their full potential. We focus on the positive aspect in people and not the negative.

We believe if you nurture the positive side of an individual that naturally it will start the process of correcting the negative side of a person. The more right guidance a person feeds on the more upright they become, until that negative person is no more. He is a drug dealer, but not anymore. She is a shoplifter, but not anymore. He is a gang banger, but not anymore. She is an unfit mother, but not anymore.

When you strengthen the voice from within, you are quietly becoming someone new. We believe there is only one thing that is consistent in life, and that's change. For every up, there is a down. For every day, there's a night. For every cry, there's someone laughing. No two days are quite the same. So when it seems like the world is on your shoulders and no one cares about you, depression, anguish, and fear have turned beautiful days into sleepless nights. We want you to know that just over the horizon, there's a BRIGHTER DAY. We look forward to you coming and basking in the sun with us, Thanks you.

Sincerely, Ken Holmes916.502.5252